

MB LAX

Instructional Lacrosse League – Spring 2011

Lacrosse is the fastest growing sport in the U.S. and we believe that Monmouth Beach can become a hot bed of lacrosse talent locally. Exposing kids to lacrosse at an early age gives them an advantage should they choose to play competitive lacrosse at the high school, college, or professional levels. Plus, it's great exercise and something they can do with their friends! With that in mind, we are pleased to introduce MB Lax, an instructional lacrosse league for girls living in Monmouth Beach.

Details are as follows:

- ❖ Location: all games played in Monmouth Beach, Raccoon Island
- ❖ For girls in grades 2 – 5th that are residents of Monmouth Beach
- ❖ Sessions are one hour long and held on Sunday afternoon between 1PM-2PM
- ❖ We will hold fun skill competitions every two weeks
- ❖ Each sessions is one hour - a half hour of instruction and a half hour scrimmage
- ❖ Players sign up as individuals and are placed into age groups
- ❖ League will run for 8 weeks March 27 – May 22 and will not run the weekend of the Easter
- ❖ All players will receive a free Lacrosse jersey
- ❖ Players must provide their own equipment (stick, mouth guard, goggles)

The registration fee is \$50.00 and will be due by MARCH 18, 2011. *A late fee of \$20.00 will apply if not handed in on time.* Please make checks payable to Monmouth Beach Recreation Commission and bring to Borough Hall or mail with registration form to:

**Monmouth Beach Lacrosse Program
22 Beach Road
Monmouth Beach, NJ 07750**

Details on start times and dates will be sent via email to the email address identified below. The season begins on March 27.

Child's Name: _____ Age: _____ Gender: _____

Grade: _____

Address: _____ Phone: _____

Parent's Name: _____ Email: _____

I hereby give my permission for my daughter to participate in the MB Lax lacrosse league. I also give my permission for my child, in the event of an injury or illness to be given emergency treatment at a local hospital.

Parent's signature: _____ Date: _____